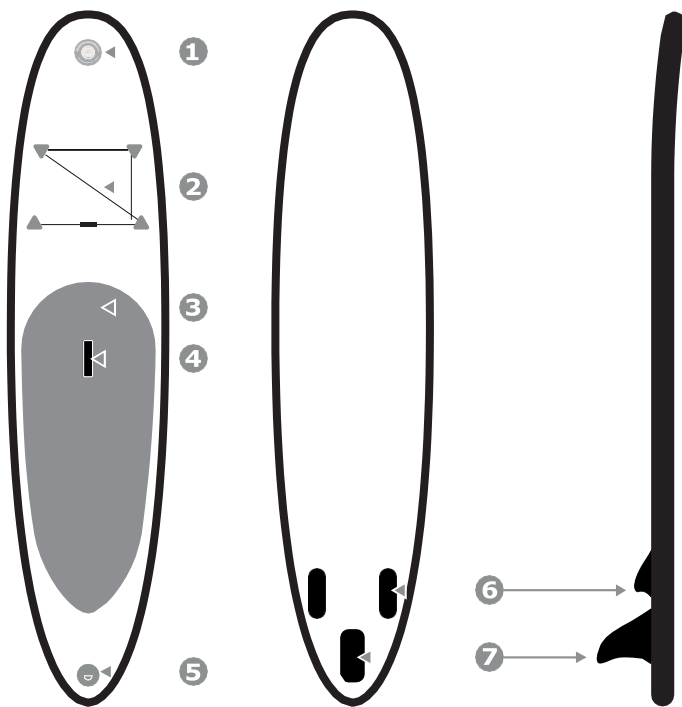


UK & U.S. INSTRUCTION

These operating instructions should be read and followed up carefully before utilizing the SUP board. Take special care to follow up the correct sequence of inflating/deflating of the assembling procedure.

CONTENTS :

- 1 Inflatable Stand-Up paddleboard
- 1 Backpack
- 1 Aluminium adjustable paddle
- 1 Hand Pump
- 1 Leash. Length 2.30mtr
- 1 Detachable skeg
- 1 Repair kit



1. H3 Valve
2. Front bungee cord
3. Non slip EVA pad
4. Carry handle
5. Metal ring
6. Fixed skeg
7. Detachable skeg

WARNING :

- SUP can be very dangerous and physically demanding. The user of this product should understand that participating in stand up paddling may involve serious injury or death.
- Seek SUP instruction from a licensed or certified instructor.
- Always check weather forecasts prior to using the SUP board. Never use the SUP board in thunderstorms and lightning conditions.
- Always use appropriate protective gear and wear a personal flotation device. Wear the correct protective clothing for the conditions such as a wetsuit or a UV top. Cold water and cold weather can result in hypothermia. Always carry identification.
- Wear a helmet when appropriate.
- Do not exceed the maximum weight capacity of 200 KG.
- Do not operate the SUP board under the influence of drugs and/or alcohol.
- This model is designed to be used in flat waters (lake, rivers, sea shore) in standing and seating position. It is not recommended to use the SUP board in high waves nor for surfing.
- Beware of offshore winds and currents as they can take you out to sea.
- Check your equipment prior to each use for signs of wear, leaks or failure.
- Tie the included leash to your SUP board at all times.
- Children should always be under adult supervision .
- Always inform someone your paddling route, the time and place of departure and your intended time and place of arrival. Paddling alone is not recommended.
- Watch out for other beach users especially swimmers and children. Make sure you keep the SUP board and paddle under control at all times.

PREPARATIONS FOR INFLATING THE SUP BOARD

Remove all sharp edged and pointed objects from the surface in order to avoid damaging the SUP board.

ASSEMBLY INSTRUCTIONS / INFLATION / DEFLATION

Inflate the SUP board with the included hand pump.



1. Valve cap
2. Button
3. Valve base

- Unscrew the valve cap (1). Push the button (2) in and turn approximately 90 degrees so it is in the "OUT" position.
- Insert the pump hose end piece and inflate it until you will reach the required pressure. After inflation tighten all the valve cap (clockwise). Only the valve cap can ensure final AIR TIGHTNESS.
- To release air from the SUP board, remove the valve cap (1) and push the button (2) in and turn approximately 90 degrees so it is in the "IN" position.

The correct pressure for this SUP board is:

Maximum 1 bar / 15 PSI (=1000 mBar)

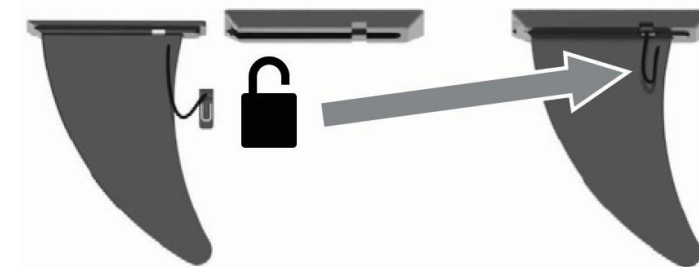
DO NOT EXCEED THIS !!

Using an electrical pump or air compressor is at your own risk. This can lead to damaging the SUP board.

DETACHABLE SKEG ON BACKSIDE OF SUP BOARD

It is recommended to use the detachable skeg in deep water, where it will allow you to move forward in a straight line. Do not use it in shallow water because then the skeg can hit the bottom. The Skeg can be placed on the SUP board if this is inflated or deflated.

To assemble the skeg push the skeg in the black part on the back side of the SUP board. To lock the skeg push the lock pin in the skeg base hole.



Lock pin

ASSEMBLY INSTRUCTIONS INCLUDED PADDLE

The included paddle consists of 3 pieces.



TO ADJUST THE PADDLE TO THE REQUIRED LENGTH:

- Insert the bottom of pole (2) in to the top of pole (3). This can be fixed when the pin on pole (2) is clicked in the hole of pole (3)



- Open the button on top of pole (2) by pulling the button.
- Insert the bottom of pole (1) and choose the length that suits you. Click the pin (behind the button) of pole (2) in to the hole of pole (1).
- The paddle length is adjustable from minimum length 1.78 mtr to maximum length 2.20 mtr.

ATTACHING THE LEASH

Before you start to use the SUP board first attach included leash to the SUP board and yourself.

- Attach the leash to the metal ring on top of the SUP board.

- Attach the other side of the lease to your ankle.

When you fall in the water the leash ensures that the SUP board will not float away.

MAINTENANCE SUP BOARD

- Clean and check the SUP board and all accessories. Use a mild, non scouring cleanser.

- Make sure the SUP board is completely dry before placing it in the backpack. Otherwise this may cause mold, foul odor and the skin/hull or the inside chambers of the SUP board will suffer from water damage.

REPAIRS :

Although the SUP board has been manufactured of a reinforced and tough material, it is still possible to cause holes or cracks when the SUP board is handled improperly. For the repair of a small damage a repair kit is included.

- Prepare a round patch with repair material with correct measurements.

- Clean the repair material and the area around the leak with alcohol.

- Apply 3 thin, even coats of glue to both the surface of the board and the repair material. Wait 5 minutes between each coat.

- After the 3rd coat, wait 10-15 minutes before applying the repair material. Use a handroller to apply the repair material evenly. Pay special attention to the edges

- Wait at least 24 hours before re-inflating.



EXPROTREK

Manufacturer:

WILLRUN FITNESS
TECHNOLOGY CO.,LTD

Address: 1540 S ALBION ST,
DENVER, CO 80222,
USA

E-Mail: mike@will-run.com

EU-Representative:

Bright STAR Consulting

Address: Humboldtstr. 5,
31812, Bad Pyrmont,
Germany

E-Mail: utaundnico@hotmail.com

